

No Reservations – Is Lake Anna Haunted?

 May 26, 2011 By [Lake Anna Guide](#)  [Leave a Comment](#)



Tavern on the Rail recently had a paranormal team investigate their restaurant.

Tavern on the Rail is well known at Lake Anna for its delicious menu and cozy atmosphere at the converted country store and post office nestled alongside the railroad on Fredericks Hall Road in Mineral. Patrons visit from neighboring towns to get a taste of their homemade sauces, fresh seafood, and savory steaks. However, to listen to the Tavern's owners, employees, and customers, it seems some visit the restaurant from a much further destination.

Melody and Ken Bowers opened Tavern on the Rail years ago and live in the home next door. Within the walls of the restaurant and home, the Bowers have become aware of additional visitors...without reservations. Many have seen a swirling fog or mist in the main dining room, they've heard of salt & pepper shakers moving across the table, and a select few have even reported seeing a full-body apparition in the cozy bar on the lower level. All of this speculation caught the interest of a local paranormal investigation company, who recently traveled to the tavern to gather more information.

Grave Concerns Paranormal, headquartered in New Hope, Virginia, set up camp at Tavern on the Rail with night vision cameras, audio recording devices, and other instruments to record their observations over an entire night. The team had amazing readings and found that the Tavern was one of the most active paranormal sites they had visited yet.

During one part of the night, the team placed flashlights that can only be turned on by touching the end of the light. Several times during the investigation, the lights flickered on and off with no one around. The team was also able to hear a faint scream in the background of one of their audio recordings in the Bowers' home.

One of the most interesting points during the investigation that night occurred during the attempt to contact Emmett Poindexter, a previous owner of the house who allegedly committed suicide more than 100 years ago. During the questions asked of Emmett, the equipment saw huge spikes in activity, the flashlights lit randomly, and the paranormal investigators asked questions in the dark. When the question was posed "are you Emmett?", they reported hearing a "yes" in return.

Visit our website at www.LakeAnnaGuide.com for the link to the team's audio and video findings and more updated information as we receive it from subsequent visits.

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UPCOMING EVENTS

FEB

16

Sat

2013

9:00 am OCHS 10th Annual Sportsmans Show @ Orange County High School

9:00 am OCHS 10th Annual Sportsmans Show @ Orange County High School

FEB

17

Sun

2013

9:00 am OCHS 10th Annual Sportsmans Show @ Orange County High School

9:00 am OCHS 10th Annual Sportsmans Show @ Orange County High School

12:00 pm The Big Day Bridal & Event Expo @ Fredericksburg Expo & Conference Center

12:00 pm The Big Day Bridal & Event Expo @ Fredericksburg Expo & Conference Center

FEB

22

Fri

2013

1:00 pm The Fredericksburg Golf Show @ Fredericksburg Expo & Conference Center

FEB

23

Sat

2013

10:00 am The Fredericksburg Golf Show @ Fredericksburg Expo & Conference Center

5:00 pm Virginia Black History Month Gala @ Fredericksburg Expo & Conference Center